

Sign up to track your recovery.

The RCI takes less than 5 minutes once a month.



Scan the QR code

or text the keyword below

YVR-AJ

to **206-944-3537**

YOUR PRIVACY

Your information is protected by HIPAA-compliant software.

Results are confidential and shared only with your provider.

Standard messaging rates apply.

1

Scan or Text

Use the QR code or text the keyword above

2

Complete Setup

Follow the prompts to finish enrollment

3

Get Your Results

Receive your RCI score automatically by text

What is the Recovery Capital Index?

The RCI measures the strengths and resources that support your recovery — not just what's wrong, but what's working. It's a quick survey scored from 1 to 100 across key areas of your life.

See What's Working

Understand your personal, social, and cultural strengths — and where to focus next.

Track Your Growth

Take the RCI periodically to see real progress over time. Small wins add up.

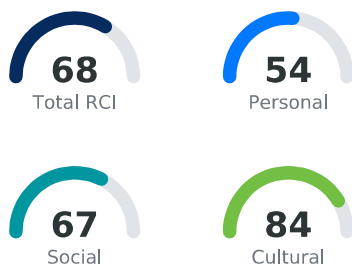
No Logins Needed

Everything comes by text or email. No apps to download, no passwords to remember.

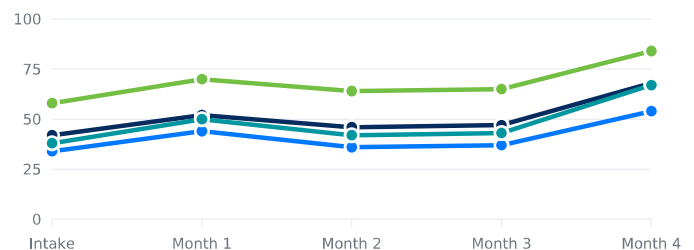
You're in Control

Your data is yours. See your scores, understand your path, make your own choices.

EXAMPLE RCI SCORES



RECOVERY PROGRESS



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MILES

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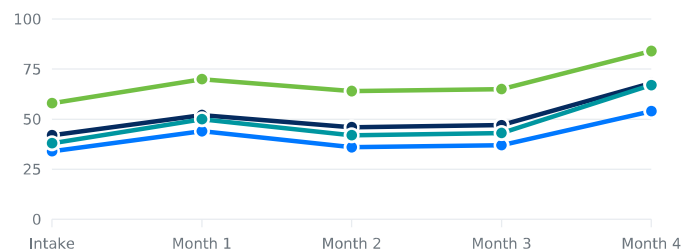
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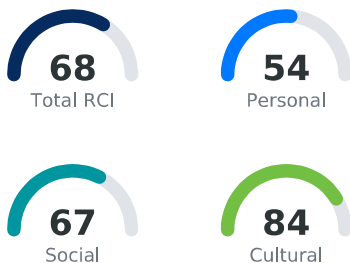
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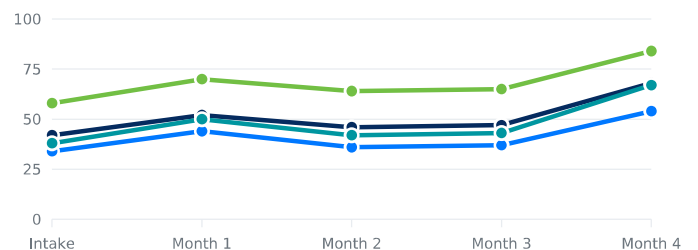
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RECOVERY PROGRESS



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SYLVIAS

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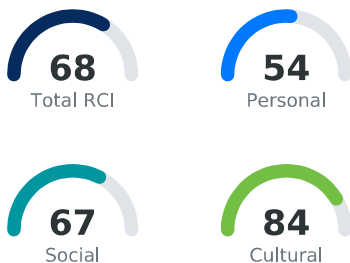
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RECOVERY PROGRESS

